

HOW AND WHEN TO USE PORTA ALCHÉMICA® HOLY WATER

Holy water is spiritually empowered water and its use long predates the emergence of religion. Holy water has traditionally been used by individuals to cleanse and bless themselves, their families, homes, fields and gardens and their animals. This was done to confer spiritual protection and blessings upon all aspects of people's lives. Now you too can use the magical powers of holy water to bless, protect and enhance your life.

Use Porta Alchémica® Holy Water to create a sense of the sacred in your life.

Here are some ideas to get you started:

Use Porta Alchemica Holy Water direct from the bottle:

- Use Porta Alchémica® Holy Water to bless and protect your house.
- Sprinkle or mist yourself with Porta Alchémica® Holy Water to help maintain sacred space.
- Sprinkle some Porta Alchémica® Holy Water on the doorstep to protect your house and prevent negative forces and energies from entering.
- Sprinkle some Porta Alchémica® Holy Water on the children before they go to school for a blessing and protection. Make it a special morning ritual.
- Lightly spray or sprinkle Porta Alchémica® Holy Water in the sick room, the hospice or hospital room to draw down grace, blessings and protection.
- Use Porta Alchémica® Holy Water before you play sport to help keep you safe from harm and for spiritual support and inspiration during the game and to help keep you safe.
- Use in the kitchen. Pour or spray Porta Alchemica® Holy Water onto surfaces where food is prepared and consumed to keep the space pristine energetically.
- Sprinkle Porta Alchémica® Holy Water on your bike, scooter or car windscreen to help keep you safe from harm on busy roads.
- Sprinkle some Porta Alchémica® Holy Water on your pets and around the area where they sleep as a blessing for them.

You can also:

- Add 4 capfuls to water to water being used for everyday use around the home, house or garden.
- Put 4 capfuls of Porta Alchémica® Holy Water in a mister or sprinkle it in your workspace, personal space or office space to remove negativity, heavy energy or for protection.
- Add 4 capfuls of Porta Alchémica® Holy Water to a bucket of water when cleaning household floors, surfaces or windows to infuse your house with divine energy.
- Put 4 capfuls of Porta Alchémica® Holy Water in a bucket of water and spray or pour on your flower or vegetable garden to bless and sanctify the plants and the food they provide.
- Add 8 capfuls of Porta Alchémica® Holy Water to your bath to relax, soothe yourself and bathe in divine grace.

THE STORY OF HOLY WATER

Using holy water is one of the most ancient continuous traditions and practices that still exists. From time immemorial all cultures have used holy water that was either collected from sacred springs and holy wells or was created through special blessings and magical chants or prayers by a priestess or priest, a holy woman or holy man. In Ancient Egypt and Mesopotamia fonts of holy water were to be found in the temples of Isis and Ishtar.

The Ancient Egyptians and Greeks used holy water as an agent of divine power to distinguish between the sacred and the profane. The Ancient Romans used holy water in their temples dedicated to the god Jupiter.

To this day the use of holy water features very prominently in Balinese culture and it is made in the ancient traditional way in that, it is 'enchanted' or blessed by a Balinese priestess or priest. Holy water is spiritually empowered water and its use long predates the emergence of religion.

Holy Water and the Powers of the Gods and Goddesses

The ancients knew that energy moves faster through water and that water could hold within itself very potent and high frequency spiritual energies. They believed that water has this unique capacity because it was the creator or giver and sustainer of physical life. Holy water has been universally associated with divine powers, powers associated with gods and goddesses.

For countless ages holy water has been universally used as a sacrament for purifying, blessing, renewal, rebirth, benediction and connecting to the divine. It has long been used to cleanse spiritual impurities, drive off evil forces and to protect against attacks from negative or demonic energies.

The Divine Feminine

In the ancient world water was always associated with the divine feminine, the goddess. The ancients saw water as being the element out of which all things emerged and in which all things were connected. Holy water has traditionally been used by individuals to cleanse and bless themselves, their families, homes, their fields and gardens and their animals. This was done to confer spiritual protection and blessings upon all aspects of people's lives. It was a common practice right up to the Middle Ages for people to sprinkle their vegetable gardens with holy water as they were dependent upon this for food and livelihood. A failure in the fields and gardens could be devastating for an individual or community.

